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# ORTHOSES *for* IMMOBILIZATION

## An Orthotic Fabrication Workshop

**JANUARY 29<sup>th</sup>, 2017 ••• 8am to 5pm ••• Fee \$275**  
**TOURO COLLEGE ••• SCHOOL OF HEALTH SCIENCES**  
**27 WEST 23<sup>rd</sup> STREET • NY, NY 10010 ••• 6<sup>th</sup> FLOOR**

*Space is limited! Sign up early to save your spot! To register, please email [Marissa.Esposito@touro.edu](mailto:Marissa.Esposito@touro.edu)*



### COURSE DESCRIPTION

This is a full day orthotic fabrication workshop featuring 5 immobilization orthoses for the upper extremity. The workshop format includes a power point presentation on the principles of orthotic fabrication with discussion of indications for upper extremity orthoses and characteristics of low temperature thermoplastic materials. The lecture will be followed by demonstration of orthotic fabrication and hands- on lab time. Attendees will earn 0.8 CEU's and each fabricate five unique orthoses.

This splinting workshop is appropriate for OT's, COTA's, PT's, PTA's and CHT's working with an upper extremity patient caseload and possessing intermediate splinting skills.

### COURSE OUTLINE

Registration begins at 7:30am

Program begins at 8:00am and concludes at 5:00pm. (Lunch is on your own)

Program includes:

- Principles of Orthotic Fabrication: Power Point Presentation
- Demonstration and hands on fabrication of the following:
- Wrist Orthoses- dorsal, volar, circumferential
- Anti -Spasticity Orthosis
- Short Thumb Opponens Orthosis
- Finger Orthoses



### Learning Objectives

Upon completion of this course, participants will be able to:



1. Gain understanding of the indications, precautions and contraindications for immobilization orthoses of the upper extremity
2. Appreciate the mechanical properties required to fabricate immobilization orthoses for the upper extremity.
3. Appreciate the anatomical knowledge base required to fabricate low temperature thermoplastic immobilization orthoses for the upper extremity.
4. Develop skills in proper selection of different low temperature thermoplastic materials for specific orthoses.
5. Develop skills necessary to successfully fabricate and fit a variety of immobilization orthoses for the upper extremity.

### INSTRUCTOR *Debby Schwartz, OTD, OTR/L, CHT*

Product and Educational Specialist, Physical Rehabilitation

Debby is a hand therapist with over 34 years of experience as a practicing clinician. She joined Orfit Industries America to promote product awareness and excellence in orthotic fabrication education. Debby is an active member of ASHT and has participated in many IFSHT meetings as well. She has presented on a variety of hand therapy topics both at national and international conferences and has written a number of articles for hand therapy publications, including the Journal of Hand Therapy, the British Journal of Hand Therapy, ADVANCE for OT, OT Practice, and [www.exploringhandtherapy.com](http://www.exploringhandtherapy.com). She has also written chapters on hand therapy topics and orthotic fabrication for Occupational Therapy reference books. Debby earned her doctorate from Rocky Mountain University of Health Professions in 2010 and is an adjunct professor in the Occupational Therapy department at Touro College, NY.

**For other workshop information contact Debby Schwartz, OTD, OTR/L, CHT at:**

[debby.schwartz@orfit.com](mailto:debby.schwartz@orfit.com) 856-701-8014



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